

FEBRUARY 2020



GOOD EATS AT

It's **LORENA LIGHTNING**

YOU ART WHAT YOU EAT
ART CONTEST
Art Contest
ENTER TODAY
SquareMeals.org/
ArtContest

NEW HOME ISD LUNCH MENU

SPECIAL ANNOUNCEMENTS



M	T	W	TH	F
Chicken Fried Steak Gravy Or Meatloaf or Crispy Chicken Salad Mashed Potatoes Okra Roll Strawberries 3	Meat & Cheese Chalupa or Enchiladas Or Crispy Chicken Salad Salsa Zesty Cucumbers Beans Lettuce / Tomato Garnish Rosy Applesauce 4	Chicken Tenders Biscuit Gravy or Hamburger/Cheeseburger Hamburger Garnish or Crispy Chicken Salad Broccoli Sweet Potatoes Mixed Fruit Brownies 5	Chicken Spaghetti Breadstick Or Pizza choice Or Crispy Chicken Salad Garden Salad Carrots Fresh Apple Slices 6	Shrimp Poppers Mac & Cheese Or BBQ on a Bun Or Crispy Chicken Salad Coleslaw Savory Green Beans Orange Smiles Choco Lena Cake 7
Steak Fingers Gravy Roll Or Roast Beef Sandwich Potatoes Or Chef Salad Tomato Cup Strawberries & Banana 10	Spaghetti Bowl Breadstick Or French Bread Pizza Marinara Sauce Or Chef Salad Garden Salad California Blend Vegetables Fruit cup 11	Boneless Chicken Wings or Texas Chili Cornbread Or Chef Salad Celery Sticks Carrots Peaches Pudding 12	Mexican Combo Plate (1 Taco, 1 Tamale) Or Quesadilla Or Chef Salad Corn Beans Salsa Lettuce/Tomato Garnish Fresh Seasonal Fruit 13	Popcorn Chicken Roll or Sloppy Joe or Chef Salad Vegetable Medley Potatoes Pears Cookie 14
NO SCHOOL 17	Corn Dog Tater Tots Or Oven Roasted Chicken Savory Green Beans Roll Baked Beans Apple-pineapple D'Lite 18	Crispy Chicken Sandwich Oven Fries HB Garnish or X-Treme Burrito Salsa Corn Lettuce/Tomato Garnish Fresh V Veggie Cup Fruity Gelatin 19	Asian Bowl Egg Roll Rice Or Hamburger Steak Brown Gravy Biscuit Roasted Potatoes Crunchy Broccoli Salad Mandarin Oranges 20	Pizza or Fiesta Bowl Spanish Rice or Santa Fe Salad Carrots Garden Salad Fresh Seasonal Fruit Rice Crispy 21
Texas Basket (Chicken Tenders, fries, Roll) Or Hamburger/Cheeseburger HB Garnish Oven Fries Or Chicken Salad Zesty Cucumber Strawberries 24	Tex-Mex Or Chicken Fajitas Or Chicken Salad Beans Carrots Salsa Lettuce/Tomato Hot Cinnamon Sherbet 25	Chicken Alfredo Breadsticks Or Pizza Pocket or Chicken salad Tuscan vegetables Garden Salad Marinara Sauce Peaches Cookies 26	Ranchero Wrap (Carne Guisada) Corn Or Country Pot Pie Or Chicken Salad Fresh Veggie Cup Snowball Salad 27	Leopard Chicken Bowl (Popcorn Chicken, Potatoes, Corn) Or Breaded Pork Chop Mashed Potatoes Gravy Or Chicken Salad Savory Green Beans Roll Fresh Apples 28

GET READY

SCHOOL BREAKFAST WEEK
MARCH 2-6
SquareMeals.org/SBW



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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NEW HOME ISD.
BREAKFAST
(STUDENTS EAT FREE)

SPECIAL ANNOUNCEMENTS



M	T	W	TH	F
Waffles Bacon Or Breakfast Round Yogurt Fruit Juice Fruit Milk Variety 3	Breakfast Taquito Or Cereal Bar/Yogurt Fruit Juice Fruit Milk Variety 4	Breakfast Pizza Or Cereal/Toast Fruit Juice Fruit Milk Variety 5	Cinnamon Roll Sausage Or PBJ Fruit Juice Fruit Milk Variety 6	Biscuit Gravy Scrambled Eggs Or Muffins Fruit Juice Fruit Milk Variety 7
Sausage Biscuit Or Cereal/Toast Fruit Juice Fruit Milk Variety 10	Breakfast Combo Or PBJ Fruit Juice Fruit Milk Variety 11	Chicken-n-Waffles Or Breakfast Strudel Cheese Stick Fruit Juice Fruit Milk Variety 12	Stuffed Bagels Sausage Or PBJ Fruit Juice Fruit Milk Variety 13	French Toast Bacon Or Muffin /Yogurt Fruit Juice Fruit Milk Variety 14
No School 17	Breakfast Pizza Or Muffin/Yogurt Fruit Juice Fruit Milk Variety 18	Power Breakfast (Biscuits, Egg Cheese, Gravy Bacon Or Cereal/Toast Fruit Juice Fruit Milk Variety 19	Pancake Wrap Yogurt Or PBJ Fruit Juice Fruit Milk Variety 20	Biscuit/Sausage Or Cereal/Toast Fruit Juice Fruit Milk Variety 21
Pancakes /Bacon Or Muffin/Yogurt Fruit Juice Fruit Milk Variety 24	Sunrise sandwich Or Cereal Bar /Yogurt Fruit Juice Fruit Milk Variety 25	Chicken -n-Biscuit Or Cereal/Toast Fruit Juice Fruit Milk Variety 26	Oatmeal Cinnamon Toast Or PBJ Fruit Juice Fruit Milk Variety 27	Breakfast Burrito Hash Brown Or Breakfast Round Yogurt Fruit Juice Fruit Milk Variety 28



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Lorena was a regular head of lettuce in the Healthyville fields when one day, lightning struck the top of her head and turned her head red. The other heads of lettuce had never seen anything like Lorena before. The lightning gave her super intelligence and she taught all of the other heads of lettuce about their powerful nutrition.



WHAT TO KNOW

Red leaf lettuce is beautiful, delicious, and nutritious. It is packed with vitamin A for good vision and vitamin K for healthy blood. You can eat this healthy veggie in a variety of sandwiches or in salads.

FUN FACT

Red leaf lettuce has the same nutrition profile as green leaf lettuce and romaine.



**POWER
SUPER
INTELLIGENCE**

JOKE OF THE MONTH

Q: What did the bacon say to the tomato?

A: Lettuce get together!

FIND THE SIX DIFFERENCES

