

# MARCH

2019

GOOD EATS AT

NEW HOME ISD.  
LUNCH MENU

It's  
**GUS**  
JUSTICE  
to the rescue!

**M** **T** **W** **TH** **F**

**ART CONTEST CONTINUES**

**"You ART What You Eat"**  
Create and enter today!  
[SquareMeals.org/artcontest](http://SquareMeals.org/artcontest)

Popcorn Chicken Roll  
Or  
Sloppy Joe Sandwich  
Or  
Santa Fe Salad  
Broccoli  
Oven Fries  
Peaches 1

**SCHOOL BREAKFAST WEEK**  
**MARCH 4-8**  
[SquareMeals.org/sbw](http://SquareMeals.org/sbw)

Breaded Drumstick  
Or  
Pizza Choice  
Or  
Tuna Salad  
Carrots  
Seasoned Corn  
Fresh Grapes  
Cookie 4

Crispy Tacos  
Or  
Frito Pie  
Or  
Tuna Salad  
Fresh Veggie Cup  
Beans  
Salsa  
Lettuce/Tomato  
Orange Smiles 5

Lasagna  
Tuscan Vegetables  
Or  
Chicken Nuggets  
Mashed Potatoes  
Or  
Tuna Salad  
Garden Salad  
Roll  
Pears 6

Hamburger/ Cheeseburger  
Hamburger Garnish  
Or  
Hot Dog  
Or  
Tuna Salad  
Oven Fries  
Carrots  
Snowball Salad 7

Pulled Pork Sliders  
Coleslaw  
Or  
Chicken Parmesan  
Garden Salad  
Breadstick  
Or  
Tuna Salad  
Savory Green Beans  
Chilled Pineapple 8

**SPECIAL ANNOUNCEMENTS**

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CORN DOG  
Tater Tots  
Or  
Oven Roasted Chicken  
Broccoli  
Roll  
Or  
Chicken Salad  
Baked Beans  
Apple-Pineapple D'Lite 18

Nachos Grande  
Beans  
Salsa  
Lettuce, Tomato Garnish  
Or  
Taco Soup  
Or  
Chicken Salad  
Tiny Tomato Cup  
Cucumber Slices  
Peaches  
Lime Sherbet 19

Chicken Sandwich  
Oven Fries  
Or  
X-Treme Burrito  
Salsa  
Corn  
Or  
Chicken Salad  
Fresh Veggie Cup  
Lettuce, Tomato Garnish  
Mandarin Oranges 20

Asian Bowl  
Eggroll  
Or  
Hamburger Steak  
Brown Gravy  
Biscuit  
Roasted Potatoes  
Or  
Chicken Salad  
Garden Salad  
Fruity Gelatin 21

Pizza Choice  
Or  
Ham & Cheese Melt  
Vegetable Soup  
Chicken Salad  
Carrots  
Crunchy Broccoli Salad  
Fresh Seasonal Fruit  
Brownie 22

Chicken Fried Steak  
Or  
Meatloaf  
Or  
Chef Salad  
Mashed Potatoes  
Okra  
Roll  
Strawberries 25

Meat & Chalupa  
Or  
Enchiladas  
(Chicken)  
Or  
Chef Salad  
Salsa  
Zesty Cucumbers  
Beans  
Lettuce/Tomato garnish  
Rosy Applesauce 26

Chicken Tenders  
Biscuit  
Gravy  
Or  
Hamburger/Cheeseburger  
Hamburger Garnish  
Or  
Chef Salad  
Broccoli  
Sweet Potato Fries  
Mixed Fruit  
Crispy Cereal Treat 27

Meat & Chalupa  
Or  
Enchiladas  
(Chicken)  
Or  
Chef Salad  
Salsa  
Zesty Cucumbers  
Beans  
Lettuce/Tomato garnish  
Rosy Applesauce 28

Fish Sticks  
Mac & Cheese  
Or  
BBQ on a Bun  
Or  
Chef Salad  
Coleslaw  
Savory Green Beans  
Orange Smiles 29

*Happy St. Patrick's Day*



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



This product was funded by USDA.  
This institution is an equal opportunity provider.

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2019

GOOD EATS AT

BREAKFAST MENU  
(STUDENTS EAT FREE)

SPECIAL ANNOUNCEMENTS

Happy St. Patrick's Day



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Breakfast Sandwich Or Muffin/Yogurt Fruit Juice Fruit Milk Variety 1

**SCHOOL BREAKFAST WEEK**  
**MARCH 4-8**  
[SquareMeals.org/sbw](http://SquareMeals.org/sbw)

Sausage Kolache Yogurt Or Muffin/Yogurt Fruit Juice Fruit Milk Variety 4

Cheese Omelet Toast Or Breakfast Strudel Cheese Stick Fruit Juice Fruit Milk Variety 5

Waffles/Sausage Or Breakfast Parfait Fruit Juice Fruit Milk Variety 6

Breakfast Pizza Or PBJ Fruit Juice Fruit Milk Variety 7

Donut Holes Sausage Or Cereal Variety/Toast Fruit Juice Fruit Milk Variety 8

S P R I N G

B 11 R 12 E 13 A 14 K 15

Pancakes/Sausage Or Cereal Variety Toast Fruit Juice Fruit Milk Variety 18

Breakfast Burrito Hash Browns Or Breakfast Strudel Yogurt Fruit Juice Fruit Milk Variety 19

Power Breakfast (Biscuit, Gravy, Scrambled Eggs, Bacon) Or Breakfast Parfait Fruit Juice Fruit Milk Variety 20

Sausage Kolache Yogurt Or PBJ Fruit Juice Fruit Milk Variety 21

Morning Griddle Sandwich Or Breakfast Round Yogurt Fruit Juice Fruit Milk Variety 22

Waffles /Bacon or Cereal/Toast Fruit Fruit Juice Milk 25

Cinnamon Rolls\Sausage Or PBJ Fruit Fruit Juice Milk 26

Breakfast Pizza Or Breakfast Parfait Fruit Juice Fruit Milk 27

Breakfast Taquito Or Cereal Bar Yogurt Fruit Fruit Juice Milk 28

Biscuit, Gravy, Scrambled Eggs Or Muffins Fruit Fruit Juice Milk 29

**GUS JUSTICE**  
Asparagus

When Gus was just a little shoot, a group of candy criminals ran through the town on their candy wrapper horses and trampled the field he was growing in. He vowed to rise against the candy that robbed the children of their good nutrition and make sure Healthyville flourished again. Not knowing what to do, he went to the University of Healthyville to visit and learn from Professor Green and Dr. Broccoli. They both told Gus he was a good source of folic acid and that helps promote the growth of healthy cells. He could use his powers to help Healthyville cut back on candy! He rallied his fellow spears and away they went using their folic acid to help the town and the children. To this day the Justice Squad uses their spears to keep the candy criminals out of the fields and out of the hands of children in Healthyville.

**FUN FACT**

Asparagus is good source of vitamin A and C and minerals



GUS JUSTICE'S  
**FAVORITE ACTIVITIES**  
Track and field  
and Bowling



**POW!**

**ARCH ENEMY**  
Candy Criminals



**JOKE OF THE MONTH**

Q: What is it called if a bowler knocks half the pins down on his first roll, then knocks the rest down on his second roll?

(Answer: Spare)

**FIND THE SIX DIFFERENCES**



Sources: Texas A&M and Agrilife Extension